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Disclaimer: This Essential Drugs List (EDL) has been prepared with a consultative process based on inputs received from a number of stakeholders and the focus given to include only generic medicines from pharmacopeia, formulary and authoritative texts. The contributors and reviewers have taken due care to ensure correctness of the contents before publication and cannot be held responsible for any omission or inadvertent errors, nor can they warrant that all aspects of the subject have been covered. The Essential Drugs List is a guiding tool for procurement and stocking of medicines.

Those who are going to use or refer this EDL for procurement of medicines are welcome to provide their feedback and suggestions for any corrections or improvement. In this regard, write to Joint Adviser, Drug Control Cell, Department of AYUSH, 'B' Block, GPO Complex, INA, New Delhi-110023 by post or by email at dcc-ayush@nic.in



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FOREWORD

Medicines form backbone of the health delivery system. Availability of essential medicines is an important aspect to ensure peoples' access to the public health facilities. These have to be carefully selected for supply to health facilities on the basis of assured safety, efficacy and quality to address health needs of the people with success and confidence of the practitioners to use them. In this direction, the Department of AYUSH, Ministry of Health & Family Welfare, Government of India has been striving to safeguard the health of people with a number of measures for quality control of Ayurveda, Siddha, Unani and Homoeopathic medicines.

To overcome the problem of availability of AYUSH medicines in the public health system and facilitate the State & Central authorities for smooth procurement of medicines, the Drug Control Cell in the Department of AYUSH has undertaken a yearlong exercise to review the lists of essential Ayurveda, Siddha, Unani and Homoeopathic (ASU&H) drugs published in the year 2000 and in the process interacted with various stakeholders, including representatives from the fraternity of in-service practitioners, AYUSH Officers and procurement authorities from central and state government organizations. Comprehensive Essential ASU&H drug lists presently drawn with cross sectional consultation take in to account pharmacopoeias, formularies and regional preferences for certain medicines and offer wide choice for need-based selection of generic medicines.

The initiative of formulating AYUSH Essential Drug Lists has been steered with the vision and direction of Shri Anil Kumar, Secretary (AYUSH). I hope the present "Essential Drugs List-Ayurveda" will act as a guiding tool for the procurement agencies to fulfill the supply of Ayurvedic medicines in dispensaries, hospitals and co-located Ayurveda facilities in PHCs, CHCs and District Hospitals. On behalf of Department of AYUSH, it is my privilege to convey appreciation to the considerable efforts of AYUSH experts led by Dr. D.C. Katoch, Joint Adviser (Ayurveda) to have accomplished an important task of laying down the foundation to facilitate procurement of ASU&H medicines in the states. The EDL is expected to ease the accessibility of medicines in health facilities and streamline the management of medicinal supplies with meaningful use of resources in the central and state organizations.

(Anil Ganeriwala)

22nd March, 2013



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PREFACE

Essential medicines act as a powerful means to promote health equity and are selected with due regard to disease prevalence, evidence of efficacy and safety, and comparative cost-effectiveness. Such medicines have to be available within the context of functioning health systems at all times, in adequate amounts, in the appropriate dosage forms, with assured quality, and at affordable prices. Careful selection of essential medicines with a limited range results in a higher quality of patients' care, better management of medicines and cost-effective utilization of health resources. Clinical guidelines and list of essential medicines aim at improving the availability and proper use of medicines within the health care delivery system. However, the selection of AYUSH medicines for essential drugs list needs specific consideration in view of their multiple indications, dosage forms and diverse preferences of practitioners, which vary from state to state and region to region.

The concept of essential medicines is forward-looking and important from the perspective of universal health coverage in meeting health needs of the people. Therefore, updating of EDL at regular intervals is essentially required to reflect various therapeutic options in accordance with the therapeutic needs of the populations due to varied prevalence of diseases and changing health seeking behavior. The recent report of Common Review Mission of the National Rural Health Mission has brought out that peoples' demand for and access to AYUSH treatment has increased with co-location of AYUSH facilities in primary health network. This scenario has resulted from Central Government's continuous support to the states for supply of medicines to AYUSH units. However, weak procurement system coupled with lack of easy-to-follow a standard comprehensive list of essential medicines is perhaps the reason that greatly hampers the constant availability of medicines in the health facilities. Sustainable efforts in this direction are required to ensure that essential medicines are regularly available in the health facilities and the people do not have to suffer from paying medicines' cost from their pockets.

AYUSH Essential Drug Lists were last formulated in the year 2000 and their updating was overdue considering the developments that took place in the last 6-7 years with the mainstreaming of AYUSH under NRHM and provision of central government's support to the states for strengthening AYUSH health services. The exercise for updating the EDLs was therefore taken up with a view to formulate practitioners' preference based lists of such Ayurveda, Siddha, Unani and Homeopathy medicines as are documented in the authoritative books and pharmacopoeias and formularies. The inputs of practitioners, who by virtue of being in direct touch with the patients know better about the access, quality and culturally appropriate use of ASU&H medicines, formed the basis to develop the respective EDLs. This harmonized approach helped in accommodating certain medicines in the EDLs, which are preferred by practitioners in a particular region because of their composition, long history of safe and effective use for certain ailments and which are not much practiced in other parts of the country owing to ignorance as well as lack of their availability.

It is pertinent to mention that the AYUSH EDLs are not the standard lists of medicines but are the outcome of careful selection of a limited range of system-wise medicines meant to guide need-based procurement and stocking of medicines in the health facilities. Based on these lists, States can easily organize purchase of medicines for dispensaries, hospitals and other health facilities. EDLs also influence the production of medicines and should form the basis for manufacturing of medicines in the government and cooperative pharmacies for supply to state dispensaries and hospitals. While these EDLs may be used as the building block for all procurement of medicines done with central funds, the states may have the flexibility to procure medicines from their own resources. However, it is always advisable to follow the EDLs for bulk purchase of medicines for dispensaries, hospitals, mobile clinics and medical camps run by the government and government-aided organizations. Relying on EDL-based procurement of medicines has the benefit of objective, transparent and need-based selection of medicines and optimal use of financial resources for health coverage. Inconsistencies in drug procurement can be easily curbed with reliance on EDLs leading to proper management of supplies and increased public confidence in health services.

New Delhi, 22nd March 2013



(Dr. D. C. Katoch)

Joint Adviser

Drug Control Cell, Department of AYUSH

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Vision

- Shri Anil Kumar, Secretary, Department of AYUSH.

Facilitation

- Shri Anil Ganeriwala, Joint Secretary, Department of AYUSH.

Initiation & Coordination

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- Dr. D.C. Katoch, Joint Adviser (Ayurveda), Department of AYUSH.

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Comments & Suggestions

Participants of the Discussion Meeting held on 28th February 2012 (List Annexed)

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Technical Editing & Review

- Dr. D. C. Katoch, Joint Adviser, Drug Control Cell, Department of AYUSH.

Guidelines

Following are the guiding principles to organize procurement and management of essential medicines-

- 1) Essential Drugs List (EDL) should be preferred for selection and procurement of medicines for supply to AYUSH health facilities. It may be taken as building block for need-based selective medicinal procurements.
- 2) It is imperative to ensure that medicines being procured are genuine and meet the licensing requirements and quality standards as mentioned in the Drugs & Cosmetics Act, 1940 and the Rules thereunder.
- 3) Since medicines are used for multiple indications, it is better to select such medicines from the EDL for procurement as could effectively meet the priority health needs of the population in the catchment areas of dispensaries, hospitals etc. In this regard, decision for listing out the medicines from EDL for procurement should be based on collective recommendations of the in-service doctors at state or district level. It is not necessary that all medicines listed in EDL have to be purchased. The procurement agencies may decide the required medicines as per the prevalence of ailments and needs of patients attending the health facilities.
- 4) To discourage loose dispensing of medicines to the patients, it is advisable to procure medicines in standard unit pack sizes as indicated in EDL for each medicine. The unit pack size of the medicine has been indicated on the basis of weekly requirement of medicines to be given to the patients. Small dispensable paper bags, plastic bottles, polythene envelopes etc. may be used for dispensing medicines to patients for 3-4 days.
- 5) The indications, contraindications and precautions of use given against each medicine are the general and illustrative. Specific details of proper use of medicines may be seen in the respective authoritative or reference books.
- 6) The medicines to be procured out of the EDL must be distributed to patients under medical supervision.
- 7) Due care of the storage conditions and expiry dates of the medicines should be taken. Spoiled or expired medicines should not be used or dispensed.

Essential Drugs List - Ayurveda

Abbreviations: OPD- Out Patient Department; IPD- In Patient Department; AFI- Ayurvedic Formulary of India; API- Ayurvedic Pharmacopoeia of India; AH- Ashtang Hridaya; ANM- Ayurveda Nibandha Mala; BP- Bhavaprakash; BR- Bhaishajya Ratnavali; BBR- Bharat Bhaishajya Ratnakara; CA(U)- Chikitsarnava Uttarardha; CD- Chakradatta; CS- Charaka Samhita; gm- Gram; ml- Milliliter; NS- Nothing Specific; RSTSSPS- Rasatantrasara va Siddhaprayoga Samgraha; RTS- Rasa Tantra Sara; SBMM- Siddhabhaishajmanimala; SS- Sharangdhara Samhita; SY- Sahasrayoga; TSF- Teaspoonful; YR- Yogaratnakara; RYS- Rasa Yoga Sagar

(A) Asava Arista							
Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/ IPD)
1.	Abhayarishta	AFI	200 ml.	Arsha, Agnimandya, Udararoga, Vibandha	12 to 24 ml after meals with water, twice daily	NS	Both
2.	Amritarishta	AFI	200 ml.	Sarvajwara, Jeerna Jwara	12 to 24 ml after meals with water, twice daily	NS	Both
3.	Aragvadarishta	AH	200ml.	Kandu, Twak Vikar, Vibandha	12 to 24 ml after meals with water, twice daily	NS	Both
4.	Aravindasava	AFI	200 ml.	Balaroga, Balakshaya, Agnimandya, Aruchi	12 to 24 ml after meals with water, twice daily	NS	Both
5.	Arjunarishta/ (Parthadyarishta)	AFI	200 ml.	Hridroga, Hridrav, Hrid-daurbalya, Moha, Murchha	12 to 24 ml after meals with water, twice daily	NS	Both
6.	Ashokarishta	AFI	200 ml.	Asrigdara, Shveta Pradara, Yoniroga	12 to 24 ml after meals with water, twice daily.	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
7.	Ashvagandharishta	AFI	200 ml.	Murccha, Apasmara, Shosha, Unmada, Karshya	12 to 24 ml after meals with water, twice daily	NS	Both
8.	Balarishta	AFI	200 ml.	Daurbalya, Vataroga, Agnimandya, Karshya	12 to 24 ml after meals with water, twice daily	NS	Both
9.	Chandanasava	AFI	200 ml.	Shukrameha, Mutrakriccha, Hridroga	12 to 24 ml after meals with water, twice daily.	NS	Both
10.	Dashamularishta	AFI	200 ml.	Vata Vyadhi, Daurbalya, Prasavottar roga	12 to 24 ml after meals with water, twice daily	NS	Both
11.	Drakshasava	AFI	200 ml.	Aruchi, Hridroga, Pandu Duarbalya, Kshaya	12 to 24 ml after meals, with water, twice daily	NS	Both
12.	Dantyadyarishta	AFI	200 ml.	Shotha, Grahaniroga, Gulma, Vibandha	12 to 24 ml after meals, with water, twice daily	Pregnancy	Both
13.	Draksharishta	AFI	200 ml.	Agnimandya, Kasa, Shvasa, Urahakshata, Kshaya, Malavarodha, Daurbalya	12 to 24 ml after meals with water, twice daily	NS	Both
14.	Jirakadyarishta	AFI	200 ml.	Sutikaroga, Agnimandya, Atisara, Grahaniroga	12 to 24 ml after meals with water, twice daily	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
15.	Kanakasava	AFI	200 ml.	Kasa, Shwasa, Rajayakshma, Kshatksina	12 to 24 ml after meals with water, twice daily	NS	Both
16.	Kumaryasava	AFI	200 ml.	Rajodushti, Krichhrartav, Paktishula, Parinama-shula,	12 to 24 ml after meals with water, twice daily	NS	Both
17.	Kutajarishta	AFI	200 ml.	Grahaniroga, Pravahika, Raktatisara, Agnimandya	12 to 24 ml after meals with water, twice daily	NS	Both
18.	Khadirarishta	AFI	200 ml.	Twak Roga, Kushtha, Krimi, Arbuda	12 to 24 ml after meals with water, twice daily	NS	Both
19.	Lodhrasava/(Rodhrasava)	AFI	200 ml.	Prameha, Pradar, Arsha Garbhasayaroga,	12 to 24 ml after meals with water, twice daily	NS	Both
20.	Lohasava	AFI	200 ml.	Pandu, Kamala, Shotha, Hridroga, Daurbalya	12 to 24 ml after meals with water, twice daily	NS	Both
21.	Mustakarishta	AFI	200 ml.	Agnimandya, Ajirna, Grahaniroga, Visuchika	12 to 24 ml after meals with water, twice daily	NS	Both
22.	Pippalyadyasava	AFI	200 ml.	Grahaniroga, Agnimandya, Gulma, Udararoga,	12 to 24 ml after meals with water, twice daily	NS	Both
23.	Rohitakarishtha	AFI	200 ml.	Pliha, Udararoga, Gulma, Kamala	12 to 24 ml after meals with water, twice daily	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
24.	Sarasvatarishta	AFI	200 ml.	Apasmara, Manasa Dosha, Smritibhransh, Udvega	12 to 24 ml after meals with water, twice daily	NS	Both
25.	Takrarishta	BR	200 ml.	Agnimandya, Arsha, Shotha, Gulma	12 to 24 ml after meals with water, twice daily	NS	Both
26.	Usheerasava	AFI	200 ml.	Pittajroga, Daha, Trisha, Pittaj Netravyaadhi	12 to 24 ml after meals with water, twice daily	NS	Both
27.	Vasakasava	AFI	200 ml.	Kasa, Shwasa, Raktapitta	12 to 24 ml after meals with water, twice daily	NS	Both
28.	Punarnavasava	AFI	200 ml.	Shotha, Pliha-Yakridroga, Mutraroga	12 to 24 ml after meals with water, twice daily	NS	Both
29.	Kanakasava	AFI	200 ml.	Kasa, Shwasa,	12 to 24 ml after meals with water, twice daily	Cardiac disease, pregnancy	IPD
30.	Karpurasva	AFI	25 ml.	Atisara, Visuchika, Udararoga	5-10 drops with water, two to three times a day	Cardiac disease, pregnancy	IPD

(B) Arka Kalpana							
Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
31.	Arka Yavani/Arka Ajvayan	AFI	50 ml.	Trikashula, Agnimandya, Anaha,	10-25 ml, two to three times a day	NS	Both
32.	Arka Shatpushpa/Mishreyarka	AFI	50 ml.	Mandagni, Adhaman, Shula, Krimi,Yonishula	10-25 ml., two to three times a day	NS	Both
33.	Arka Pudina	AFI	50 ml.	Chhardi,Ajirna, Udarashula, Agnimandya	10-25 ml., two to three times a day	NS	Both
(C) Avaleha, Khand, Pak Kalpana							
34.	Agastya Haritaki / Agastya Rasayana	AFI	100 gm.	Hikka, Kasa, Shwasa, Rasayana	5-15 gm twice or thrice a day	NS	Both
35.	Bilvadi Leha	AFI	100 gm.	Jeeran Pravahika, Aruchi, Agnimandya, Praseka, Chhardi	10 to 50 gm. in divided doses, with luke warm water or godugdha.	NS	Both
36.	Bhallatakadi Modaka	AFI	100 gm.	Arsh, Sandhivaat	3-5 gm. with water or milk, maximum twice a day	Paittik Prakriti	Both
37.	Brahama Rasayana	AFI	100 gm.	Manodaurbalya, Jara, Smritibhransha	10-15 gm. with warm water or milk	NS	Both
38.	Chitraka Haritaki	AFI	100 gm.	Pinasa, Kasa, Shwasa,	10 to 50 gm. in divided doses, with warm water or milk.	Pregnancy, Paittik Prakriti, Paittik Roga.	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
39.	Chyavanprash Avaleha	AFI	100 gm.	Kasa, Shwasa, Rasayana	12-24 gm with milk or water	NS	Both
40.	Drakshavaleha	AFI	100 gm.	Pandu, Kamala, Haleemaka, Daurbalya, Kshaya	6-12 gm with warm water or milk, once or twice a day	NS	Both
41.	Haridrakhanda Paka	AFI	100 gm.	Shitapitta, Kandu Visphota, Dadru, Udarda, Kotha	6 gm with water or milk, twice a day	NS	Both
42.	Kutajavaleha	AFI	100 gm.	Atisara, Grahani roga, Pravahika	6-12 gm. with water or milk, twice a day.	NS	Both
43.	Kalyanak Guda	AFI	100 gm.	Udararoga, Gulma, Bhagandar, Arsha	6-12 gm with warm water or milk, twice a day	NS	Both
44.	Kantakaryavaleha	AFI	100 gm.	Hikka, Kasa, Shwasa, Jeeran Pratishaya, Parshvashula	6-12 gm. with warm water or milk, twice a day.	NS	Both
45.	Kooshmandaka Rasayana	AFI	100 gm.	Kasa, Shwasa, Urahakshat, Kshaya, Raktapitta, Amlapitta	6-12 gm. with warm water or milk, two to three times a day.	NS	Both
46.	Manibhadra Yoga / Manibhadra Guda	AFI	100 gm.	Kushta, Shwitra, Swasa, Kasa, Udararoga, PleehaRog, Krimi, Arsha	6-12 gm. with warm water or milk, twice a day.	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
47.	Puga Khand/Supari Paka	AFI	100 gm.	Vandhyaroga, Pradara, Somroga, Garbhadosa, Daurbal ya	6-12 gm. with warm water or milk, twice daily.	NS	Both
48.	Saubhagyashunthi Paka	AFI	100 gm.	Prasavottar Lakshan, Sutikaroga, Agnimandya,	10-50 gm. in divided doses, with luke warm water or godugdha, can be taken in single dose at bed time.	NS	Both
49.	Shatavariguda	AFI	100 gm.	Rajodosha, Yonidosha, Asrigdar, Padadaha, Karshya	6 -12 gm. with warm milk, twice daily	NS	Both
50.	Sukumara Rasayana	AH	500gm.	Vridhhi, Gulma, Striro ga, Apan Dushti	1-2 tsf with warm water after meals, once or twice a day.	NS	Both
51.	Vasavaleha	AFI	100 gm.	Kasa , Shwasa, Jwara, Parshwashula	6-12 gm to be licked with warm water or milk twice or thrice a day.	Pregnancy	Both
52.	Vyaghri Haritaki	AFI	100 gm.	Kasa, Shwasa, Swarakshaya, Pratishyaya, Peenasa	6-12 gm to be licked with warm water or milk twice or thrice a day.	Pregnancy	Both
53.	Madhusnuhi Rasayana/ Madhusnuhyadi Rasayana	AFI	100 gm.	Prameha-pidika, Arbuda, Gandamala, Bhagandar, Guhyavrana, Jeeran Twak Roga	6-12 gm. with warm water, once or twice a day	NS	Both

(D) Kwath Churna / Kashayam

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/ IPD)
54.	Aragwadhadi Kwath Churna	AFI	100 gm.	Vishavikara, Kaphavikara, Prameha, Dushtavrana, Kushta, Raktadushti	25-50 ml. of Kwath, once or twice a day	NS	Both
55.	Amritottara Kwath Churna / Nagaradi Kwath Churna	AFI	100 gm.	Jeernajwara, Sannipataj Jwara	25-50 ml. of Kwath, once or twice a day	Gastritis, Severe Diarrhoea	IPD
56.	Amritottara Kashayam Churna	SY	100 gm.	Sarvajwara	25-50 ml. of Kwath, once or twice a day	NS	Both
57.	Bharangyadi Kwatha Churna	SY	100gm.	Shwasa, Kaphaj Kaas	25-50 ml. of Kwath, once or twice a day	NS	Both
58.	Brihatyadi Kashayam Churna	AFI	100gm.	Mutrakricchra	25-50 ml. of Kwath, once or twice a day	NS	Both
59.	Brihat Manjisthadi Kwatha Churna	AFI	100 gm.	Vatarakta, Upadansha, Shleepada, Medoroga	25-50 ml. of Kwath, once or twice a day	NS	Both
60.	Dashamula Kwath Churna	AFI	100 gm.	Jwara, Sutikadosha, Shula, Shotha, Vatavyadhi	25-50 ml. of Kwath, once or twice a day	Rasakshaya, Bahumut rata	Both
61.	Devdarvyadi Kwath Churna	AFI	100 gm.	Shula, Sutikaroga, Shwasa, Kasa, Jwara	25-50 ml. of Kwath, once or twice a day	NS	Both
62.	Dashmula Katutraya Kwath Churna	AFI	100 gm.	Shwasa, Kasa, Parshvaschool, Vataroga	25-50 ml. of Kwath, once or twice a day	NS	Both
63.	Dashamulakatutrayadi Kashayam Churna	SY	100gm.	Vatik Kasa, Shirashula	25-50 ml. of Kwath, once or twice a day	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/ IPD)
64.	Dhanyapanchaka Kashaya Churna	AFI	100 gm.	Aamashula, Amatisara, Agnimandya, Aruchi	25-50 ml. of Kwath, once or twice a day	NS	Both
65.	Drakshadi Kashayam Churna	SY	100gm.	Pandu,Daha, Daurbalya	25-50 ml. of Kwath, once or twice a day	NS	Both
66.	Elakanadi Kashayam Churna	SY	100gm.	Kshaya, Daurbalya	25-50 ml. of Kwath, once or twice a day	NS	Both
67.	Gandharvahastya di Kashayam Churna	SY	100gm.	Vataroga,Malabandha	25-50 ml. of Kwath, once or twice a day	NS	Both
68.	Gojihvadi Kashaya Churna	AFI	100 gm.	Pratishyaya, Shleshmajwara, Kasa, Shwasa	25-50 ml. of Kwath, once or twice a day, with Madhu or Mishri	NS	Both
69.	Guduchyadi Kashaya Churna	AH	100gm.	Agnimandhya, Pitta Dushti, Jwara	25-50 ml. of Kwath, once or twice a day	NS	Both
70.	Indukantam Kashayam Churna	SY	100 gm.	Vata Roga,Kshaya	25-50 ml. of Kwath, once or twice a day	NS	Both
71.	Manjishthadi Kashaya Churna	BBR	100 gm.	Kushtha, Chakshu Roga, Mukha Roga	25-50 ml. of Kwath, once or twice a day	NS	Both
72.	Maha Atmaguptadi Kashaya Churna	BR	100gm.	Pakshaghata	25-50 ml. of Kwath, once or twice a day	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
73.	Nayopayam Kashayam Churna	SY	100gm	Shwasa,Vata Roga	48 gmafter preparation of Kwath	NS	Both
74.	Pancha-vaikala Kashaya Churna	SS	100 gm.	Vranashotha,Upadan sha, Shvet Pradar.	100 ml. Kwath to be used for washing wound or vaginal douche	NS	Both
75.	Pathyadi Kwath(Shadanga) Churna	AFI	100 gm.	Siroroga, Bhru-shankh-Karna Shula, Ardhabhedak, Suryavarta	25-50 ml. of Kwath, once or twice a day with jaggery	Chhardi, Atisara avum Ativirechan janya Rasakshaya, Vataprakopa	Both
76.	Phalatrikadi KwathChurna	AFI	100 gm.	Kamala, Pandu	25-50 ml. of Kwath, once or twice a day with Mishri, Madhu or Madhuyashti	Chhardi, Atisara avum Ativirechan janya Rasakshaya, Vataprakopa	Both
77.	Punarnavadi KwathChurna	AFI	100 gm.	Sarvangashotha	25-50 ml. of Kwath, once or twice a day	Chhardi, Atisara avum Ativirechan janya Rasakshaya, Vataprakopa.	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
78.	Pashanbhedadi Kwath Churna	BR	100 gm.	Ashmari,	25-50 ml. of Kwath, once or twice a day	NS	Both
79.	Rasnapancakam Kashayam Churna	SS	100gm.	Amavata	25-50 ml. of Kwath, once or twice a day with jaggery	NS	Both
80.	Rasnasaptaka Kashaya Churna	AFI	100 gm.	Janghashula, Urushula, Parshvashula, Trikshula, Prishtshula.	25-50 ml. of Kwath, once or twice a day with Sunthi Churna.	Concomitant use of Eranda Taila in Garbhini	Both
81.	Sahacharadi Kashayam Churna	AH	100gm	Vata Roga, Sandhigrah	25-50 ml. of Kwath, once or twice a day	NS	Both
82.	Shadanga Kwath Churna	AFI	100 gm.	Trishna, Jwara	25-50 ml. of Kwath, twice or thrice a day	Nausea due to bitterness	Both
83.	Sukumara Kashaya Churna	AH	100gm.	Vridhhi, Gulma	25-50 ml. of Kwath, once or twice a day	NS	Both
84.	Trinapanchamula Kwath Churna	AFI	100 gm.	Mutrakricchra	25-50 ml. of Kwath, once or twice a day	NS	Both
85.	Varunadi Kwath Churna	AFI	100 gm.	Ashmari, Mutrasthila	25-50 ml. of Kwath, once or twice a day with Yavakshar	NS	Both
86.	Vasaguduchyadi Kashaya Churna	AH	100gm.	Pandu, Raktapittam	25-50 ml. of Kwath, once or twice a day	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
87.	Vyaghryadi Kashayam Churna	SY	100gm.	Shwasa, Jwara, Shula	25-50 ml. of Kwath, once or twice a day	NS	Both
88.	Vyoshadi Kashayam Churna	SY	100gm.	Pandu, Agnimandya	25-50 ml. of Kwath, once or twice a day	NS	Both
89.	Patoladi Kvatha Churna	AFI	100 gm.	Jwara, Kamla, Kushta, Visha	25-50 ml. of Kwath, once or twice a day with Pippali Churna and Honey.	NS	Both
(E) Guggulu							
90.	Amritadi Guggulu	BR	10 gm.	Vata Rakta, Dushtavrana, Charma Vikara	500 mg. – 1 gm, twice a day, after meals, with warm water	Long term use in pregnancy.	Both
91.	Gokshuradi Guggulu	AFI	10 gm.	Prameha, Mutrakricchra, Mutraghat, Ashmari, Pradara	500 mg – 1 gm, twice a day, after meals, with warm water or preferably with Musta Kwath, Pasanbheda Kwath or Ushira Kwath	Long term use in pregnancy	Both
92.	Kanchanara Guggulu	AFI	10 gm.	Galaganda, Gandamala, Apachi, Arbuda, Granthi	500 mg – 1 gm, twice a day, to be taken preferably in empty stomach, with warm water or Kwath of Haritaki / Khadirsara	Long term use in pregnancy	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
93.	Kaishora Guggulu	AFI	10 gm.	Vatashonit, Pramehapidika, Vrana, Kustha	Up to 3 gm in divided doses with warm water or Mudaga Yusha or Milk	Long term use in pregnancy	Both
94.	Lakshadi Guggulu	AFI	10 gm.	Asthibhagna, Asthichyuti, Asthiruja	Up to 3 gm in divided doses with warm water	Long term use in pregnancy	Both
95.	Navak Guggulu	BR	10 gm.	Sthaulya, Sandhigata Vata	500 mg – 1 gm, twice a day, after meals, with warm water or Sunthisiddha Jal	Long term use in pregnancy	Both
96.	Rasna Guggulu	SS	10 gm.	Gridhrasi, Amavata	500 mg – 1 gm, twice a day, after meals, with warm water	Long term use in pregnancy	Both
97.	Simhanada Guggulu	AFI	10 gm.	Amavata, Vatarakta, Sandhi Shula, Agnimandya	Up to 3 gm in divided doses with warm water	Pregnancy	Both
98.	Saptavinshati Guggulu	AFI	10 gm.	Parshwashoola, Kasa Shwasa, Hritshula	Up to 3 gm in divided doses with warm water	Pregnancy	Both
99.	Triphala Guggulu	AFI	10 gm.	Bhagandara, Arsha, Nadi Vrana, Gulma, Shotha	Up to 3 gm. in divided doses with warm water	Pregnancy Chronic or recurrent diarrhoea	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
100.	Trayodashanga Guggulu	AFI	10 gm.	Gridhrasi, Sandhigraha, Katigraha	Up to 3 gm. in divided doses with warm water	Pregnancy	Both
101.	Punarnava Guggulu	AFI	10 gm.	Vatarakta, Vriddhiroga, Gridhrasi, Vastigatahula, Amavata	Up to 3 gm. in divided doses with warm water	Pregnancy	Both
102.	Yogaraja Guggulu	AFI	10 gm.	Amavata, Agnimandya, Sandhigataavata	Up to 3 gm. in divided doses with warm water or Rasnasaptaka Kwatha or Lashuna Svarasa or Honey.	Pregnancy	Both
(F) Ghrita							
103.	Brahmi Ghrita	AFI	100 gm.	Apasmara, Unmada, Smritikshaya, Budhidaurbalya	10-15 gm with warm water or milk, empty stomach	NS	Both
104.	Dadimadi Ghrita	AFI	100 gm.	Pandu, Parinamshula, Agnimandya	10-15 gm with warm water or milk, empty stomach	NS	Both
105.	Guggulutiktaka Ghrita	AH	100gm.	Vata Roga	5-10 gm. with warm water, once or twice a day after meals.	NS	Both
106.	Jathyadi Ghrita	AH	100gm.	Vrana, Dagdha Vrana	To be applied externally on affected part.	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
107.	Jivantyadi Ghritam	AFI	100 gm.	Timira, Netra Dosh	10-15 gm. with warm milk or water, once a day, preferably empty stomach	NS	IPD
108.	Kalyanaka Ghrita	AFI	100 gm.	Bhutonmada, Apsmara, Balagraha, Visavikara, Garavisha, Smritidaurbalya	10-15 gm. with warm milk or water, once a day, preferably empty stomach	NS	IPD
109.	Kshirashatpala Ghrita	CS	100 gm.	Gulma, Grahaniroga, Pleeha	Up to 50 gm. per day in divided doses with warm water	NS	IPD
110.	Panchatikta Ghrita	AFI	100 gm.	Dushtavrana, Twak Vikara	5-10 gm. with warm milk or water, once a day	NS	Both
111.	Phala Ghrita	AFI	100 gm.	Yonivyapat	10-15 gm with warm water in one or two doses in a day .	NS	IPD
112.	Shatphala Ghrita	AH	100 gm.	Shulam, Kshaya	10-15 gm with warm water in one or two doses in a day after meals	NS	Both
113.	Shatavaryadi Ghrita	SY	100 gm.	Mutraghata Roga	10-15 gm with warm water in one or two doses a day after meals	NS	IPD

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
114.	Sukumar Ghrita	AFI	100 gm.	Vidavibandha, Udararoga, Gulma, Yonishula, Pliharoga	10-15 gm with warm water in one or two doses a day after meals	NS	Both
115.	Indu kanta Ghrita	AFI	100 gm.	Shula, Udara, Visamjwara	10-15 gm. in one or two doses a day, after meals, with warm water or Guduchi Swaras	NS	IPD
116.	Tiktaka Ghrita	AH	100 gm.	Twakroga	10-15 gm. with warm water in one or two doses a day after meals.	NS	Both
117.	Triphala Ghrita	AFI	100 gm.	Kamla, Timir, Netraroga, Visarpa, Khalitya	10-15 gm with warm water or milk in one or two doses, preferably empty stomach	NS	Both
(G) Churna - Multi-ingredient							
118.	Ajamodadi Churna	AFI	25 gm.	Shula, Gridhrasi, Aamvat	3-6 gm. twice a day with luke warm water or jaggery with or before meals	NS	Both
119.	Avipattikara Churna	AFI	50 gm.	Amlapitta, Vidagdhajirna	3-6 gm. twice a day with honey or water after meals	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
120.	Balachaturbhadra Churna	AFI	25 gm.	Jwara, Atisara, Bala Shosha	250 - 500 mg. twice or thrice a day with honey or luke warm water	NS	Both
121.	Bilwadi Churna	CA(U)	50 gm.	Shoth, Shool Yukta Braghana	3-6 gm. twice a day with warm water or Kanji or Takra	NS	Both
122.	Dadimastak Churna	AFI	50 gm.	Grahaniroga, Atisara, Aruchi	3-6 gm. twice a day with warm water before meals	NS	Both
123.	Dashanasanskar Churna	AFI	50 gm.	Mukha Roga, Danta Roga	Use as tooth powder and retain in the mouth for sometime before spitting out, twice a day	NS	Both
124.	Eladi Churna	AFI	25 gm.	Kasa, Shwasa	2 -4 gm. twice a day with honey or sugar before meals.	NS	Both
125.	Gangadhara Churna	SS	25 gm.	Atisara, Pravahika	3-5 gm. twice a day with warm water or Takra	Indigestion induced diarrhea i.e, Amavastha of Atisara	Both
126.	Hinguvachadi Churna	AFI	25 gm.	Adhmana, Shula, Gulma, Aruchi, Agnimandya, Vibandha	2- 4 gm. twice a day with warm water or Takra before meals	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
127.	Hingwashtaka Churna	AFI	50 gm.	Agnimandya, Shula, Gulma, Vataroga	2- 4 gm. twice a day with warm water or ghee before meals	NS	Both
128.	Lavanabhaskara Churna/ Bhaskarlavan churna	AFI	50 gm.	Agnimandya, Gulma, Ajirna, Grahaniroga, Vatakaphajroga,	3-6 gm. twice a day with Takra, Mastu or warm water	Shotha, Jalodara, hypertension, long term use	Both
129.	Madhusnuhi Churna	BP	50 gm.	Twak Roga	3-6 gm. twice a day with warm water after meals	NS	Both
130.	Nisha-Amalaki Churna	AH	50 gm.	Prameha, Madhumeha	3-6 gm. twice a day with water before meals	NS	Both
131.	Pushyanuga Churna	AFI	25 gm.	Raktapradara, Shwetapradar, Raktarsha	2-3 gm. twice a day with Madhu or Tandulodaka or water	NS	Both
132.	Panchanimba Churna	AFI	25 gm.	Kshudrakushtha, Mahakushtha, Raktadushti	3- 5 gm. twice a day with Madhu, Khadira and Asana Kwatha or warm water	NS	Both
133.	Shivakashara Pachana Churna	ANM	50 gm.	Ajirna, Adhmana, Vibandha	3-5 gm. twice a day with lukewarm water after meals.	Long term use, oedema, reduced urinary output	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
134.	Sitopaladi Churna	AFI	25 gm.	Shwasa, Kasa, Kshaya, Urdhvag Raktapitta	2-3gm. twice or thrice a day with honey or ghrita or warm water	NS	Both
135.	Sudarshana Churna	AFI	25 gm.	Jwara, Visamajwar, Jirnajwara, Yakritplihavridhi	2-3 gm. twice or thrice a day with honey or ghrita or warm water	Diabetes	Both
136.	Talishadya Churna	AFI	25 gm.	Kasa, Shawasa, Pratishyaya, Jwara	2-4 gm. twice or thrice a day with honey or warm water	NS	Both
137.	Trikatu Churna	AFI	25 gm.	Arochaka, Ama, Agnimandya	1-2 gm. twice a day with honey or warm water or lime water before meals	Paittik Vikara or Prakriti, Raktaj Roga, pregnancy, long term use	Both
138.	Triphala Churna	AFI	50 gm.	Anaha, Prameha, Netraroga	3-6 gm. with Ghee, Honey or warm water or milk, for laxative action to be taken at bed time	Dehydration	Both
139.	Jatiphaladya Churna	AFI	25 gm.	Atisaar, Pravahika, Vatashlaismic Pratishyaya	1-3 gm. twice a day with honey or takra or water after meals	Infantile diarrhea, long term use	Both

(H) Churna - Single Ingredient

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
140.	Amalaki Churna	API	50 gm.	Prameha, Raktapitta, Amlapitta, Daha	3-6 gm. twice a day with water before meals or empty stomach	NS	Both
141.	Arjuna Churna	API	50 gm.	Hridroga, Prameha	3-6 gm. boiled in milk & water and consumed twice a day	NS	Both
142.	Ashwagandha Churna	API	50 gm.	Kshaya, Daurbalya, Vatroga, Klaivya	3-6 gm. twice a day with milk	Long term use may increase blood pressure	Both
143.	Gokshura Churna	API	50 gm.	Mutraghata, Mutrashmari, Vrishya, Rasayana	2-5 gm. twice a day with milk for Vrishya or Hridya action and up to 12 gm. per day with warm water for diuretic action	NS	Both
144.	Guduchi Churna	API	50 gm.	Kushtha, Jwara, Vatarakta, Kamala, Pandu, Prameha	3-6 gm. twice a day with honey or water	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/ IPD)
145.	Haritaki Churna	API	50 gm.	Vibandha, Udararoga	3-6 gm. twice a day with honey or water, for laxative action to be taken at bed time	Debility, pregnancy, dehydration, Paittik Roga,	Both
146.	Pippali Churna	API	25 gm.	Rasayana, Jwara, Shwasa, Kasa	1-2 gm. twice a day with honey or milk	Long term use in higher doses.	Both
147.	Pippali mool Churna	API	25 gm.	Udararoga, Anaha, Gulma, Shiroroga	500mg. -1 gm. per day with honey, milk or water	NS	Both
148.	Punarnava Churna	API	50 gm.	Shotha, Pandu	2-3 gm. twice a day with water	NS	Both
149.	Shunthi Churna	API	25 gm.	Amavata, Agnimandya Udararoga, Shwasa	2- 3 gm. twice a day with Kanji or luke warm water or honey	NS	Both
150.	Sarasvat Churna	BR	25 gm.	Medhya, Smriti and Buddhi Vardhak	1-2 gm. twice a day with ghee or milk.	NS	Both
151.	Trivritamool Churna / Trivrita Churna	API	25 gm.	Malabandha, Gulma, Udararoga	2-3gm. twice a day with Kanji or warm water.	Dehydration, malnutrition, long term use	Both
152.	Vidanga Churna	API	50 gm.	Krimiroga, Medoroga	5-10 gm. with luke warm water once a day	May prevent or disrupt conception	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
153.	Yashtimadhu/ Madhuyashti/ Yashti Churna	API	50 gm.	Rasayana, Kasa, Shwasa, Vranaropana, Kshaya Swarbheda	Up to 12 gm. per day in divided doses with milk or water	Obesity, hypertension, oedema, long term use	Both
(I) Taila							
154.	Anutaila	AFI	10 ml.	Urdhwajatrugataroga, Palitya	2-10 drops for nasal administration 2-3 times a day.	NS	Both
155.	Asanbilwadi Taila	AFI	50 ml.	Nayanroga, Shiroroga, Karnaroga	External use for Shiro-abhayanga, Karnapooran	NS	Both
156.	Apamargkshara Taila	AFI	10 ml.	Badhira, Karnanada, Karnagooth	2-5 drops in each ear twice a day.	NS	Both
157.	Bala Taila	AFI	50 ml.	Kshat, Kshaya, Vatavyadhi, Shosha, Gulma	For local and whole body massage and 5-10 ml. with warm water or milk for oral use.	NS	Both
158.	Balashwagandhadi Taila	AH	50 ml.	Balaroga	For whole body massage	NS	Both
159.	Bhringaraja Tail	BR	50 ml.	Keshpata, Shiroroga, Khalitya, Indralupta	For external application as Nasya, Shiroabhyanga, Kavalgraha.	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
160.	Bilva Taila	BR	10 ml.	Badhirya, Karnanad	As Karnabindu: 2-3 drops and for Karnapurana once or twice a day	NS	Both
161.	Dhanwantar Taila/Dhanwantar Taila Avarti	AFI	10 ml.	Vataroga, Pakshavadha, Dhatukshaya, Sutikaroga, Balaroga	10-30 drops with warm milk twice a day	Amadosh	Both
162.	Dhasturapatradi Taila	SY	50 ml.	Shirokandu, Yukalikshadi Upsarg, Keshachyuti,	For external application on scalp	NS	Both
163.	Eranda Taila	CD	50 ml.	Vatavikara, Gridhrasi, Vibandha, Katishool	10-30 ml. once or twice a day with Dashamula Kwatha or warm milk	Peri-concepti on period, long term use in pregnancy	Both
164.	Erimedadi Taila	AFI	25 ml.	Mukha Roga , Dantaroga	Used externally for Kawalgraha, Pratisaran, Nasya, Shirodharan,	NS	Both
165.	Gandharvahasta Taila	AFI	50 ml.	Vidradhi, Udara, Mahavataroga, Gulma, Udavarta	6-12 ml. with warm water once or twice a day.	Ajirna, Amavastha.	Both
166.	Jatyadi Taila	AFI	25 ml.	Vrana, Vranashoth	External application on wound or injury	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
167.	Ksheerbala Taila / Ksheerbala Taila Avarti (Shatapaki)	AFI	50 ml.	Vatarakta, Vataroga, Sukradosha, Rajodosh, Karshya	Oral use: 10-12 ml. with milk or warm water. External use: Abhyanga and Nasya	NS	Both
168.	Kottamachukkadi Taila	AFI	50 ml.	Vataroga, Amavata, Angasthambha	External use for Abhyanga	NS	Both
169.	Karpooradi Taila	SY	50 ml.	Khalli, Angvedana, Sandhivedana	External use for Abhyanga	NS	Both
170.	Kasisadi Taila	AFI	25 ml.	Arsharoga	External use for Pratisaran on Arshankur	NS	Both
171.	Laghuvisagarbha Taila	AFI	50 ml.	Vataroga, Pakshaghat,	External use for Abhyanga	NS	Both
172.	Marichyadi Taila	AFI	25 ml.	Kandu, Vicharchika	External application on affected body part	NS	Both
173.	Mahanarayan Taila	AFI	50 ml.	Vataroga, Pakshaghat, Ardita, Vandhyatva	External use for Abhyanga, Nasya, Anuvasana Vasti	NS	Both
174.	Brihanmasha Taila /Mahamash Taila	AFI	50 ml.	Ardita , Shirokampa, Vidradhi, Bahusosha, Avabahuk	External use for Abhyanga	NS	Both
175.	Moorivenna Tail	SY	50 ml.	Abhighataja Vedana and Vata Vikara	External use for Abhyanga	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
176.	Narayana Taila	AFI	50 ml.	Vataroga, Pangu, Shirogatavata, Manyastambha, Hanustambh	Oral use: 6 gm. with warm water or milk once or twice a day. External use: for Nasya, Abhyanga and Anuvasana Vasti	NS	Both
177.	Nalpamaradi Taila	AFI	25 ml.	Twagroga, Kushta, Pama, Kandu	External use for Pratisarana, Abhyanga	NS	Both
178.	Nirgundi Taila	BR	25 ml.	Nadivrana, Pama, Apachi, Gandamala, Galaganda.	Used orally in the dose of 15-30 ml. once or twice a day, externally as Abhyanga and 2-6 drops for Nasya or Karnapooran.	NS	Both
179.	Panchaguna Taila	AFI	50 ml.	Sandhigatvata, Karnashool, Vranopchaha	External use for Abhyanga, wound dressing and Karnapooran or Karnabindu	NS	Both
180.	Pinda Taila	AFI	50 ml.	Vataraktaruja, Daha	Used externally for Abhyanga	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
181.	Prasarini Taila	AFI	50 ml.	Vataroga, Gridhrasi, K hanja, Panguvata	External use for Abhyanga over affected body part	Not to be used in Guda roga, Krisha rogi, Ajirna, Vomit, Kritnasya, Virikta	IPD
182.	Sahacharadi Taila/ Brihatsahcharadi Taila	AFI	50 ml.	Vatavyadhi, Kampa, Unmada, Peenasa, Yoniroga, Akshepa	Oral use: 6-12 ml. once or twice a day with warm milk or water External use for Abhyanga	NS	IPD
183.	Saindhavadi Taila	AFI	50 ml.	Kaphavataja Nadivrana,	External use for Abhyanga	NS	IPD
184.	Shadabindu Taila	AFI	10 ml.	Drishtidaurbalya, Keshashata, Shiroroga,	External use for Nasya, Kavalgraha, Abhyanga, Shiroabhyanga	NS	IPD
185.	Somaraji Taila /Bakuchi Taila	AFI	25 ml.	Shvitra, Kushtha	External use for local application on affected body part	Discontinue if excessive irritation, vesication, extensive hyperpigmentation appears.	Both

(J) Lavana & Kshar

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
186.	Arka Lavan	AFI	10 gm.	Gulma, Udararoga, Plihodara, Yakritodar	500 mg.- 1 gm with water or takra twice a day with meals	Long term use	Both
187.	Narikel Lavan	AFI	10 gm.	Parinama Shula, Amlapitta	1-2 gm with Pippali Churna or water twice a day	Long term use	Both
188.	Apamarga Kshar	AFI	10 gm.	Gulma, Grahani, Shwasa, Sharkara, Ashmari	125-500 mg. twice a day with water	NS	Both
189.	Kalyana Kshar	AFI	10 gm.	Vibhanda, Adhmana, Gulma, Udavarta	500 mg-1 gm with Ghrit or water once or twice a day	NS	IPD
190.	Vajra Kshar	AFI	10 gm.	Ajirna, Shula, Gulma, Udararoga	1-2 gm with warm water, Ghee, Gomutra or Kanji	NS	IPD
191.	Yavakshar	AFI	10 gm.	Adhamana, Anaha, Gulma, Mutrakricchra	500 mg. - 1 gm with warm water or Ghrita twice a day	NS	Both
192.	Ksharsutra	CD	30 cm.thre ad of 20 No.	Bhagandar, Arsha, Gudcheer, Charmkeel	To be applied on affected part	NS	IPD

(K) Lepa for local application

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
193.	Dashanga Lepa	AFI	50 gm.	Visarpa, Sthanik Shotha, Kushtha.	Mix the Lepa Churna with ghee or butter and apply on affected part	NS	Both
194.	Gandhakadya Malahar	AFI	25 gm.	Pama, Jeeran Twak Roga	Apply a thin coat of the malhar on affected part twice a day	Hyper sensitivity skin reaction due to Gandhak	Both
195.	Kottamchukkadi Lepa Churna	SY	50gm.	Sandhi Shula	Apply locally on affected part once or twice a day	NS	Both
196.	Rasnadi Lepa Churna	SY	50gm.	Shirah Shula	Apply on forehead/scalp once or twice a day	NS	Both
197.	Sarjarasa Malahara	RTSSPS	25 gm.	Dushta Vrana, Arsha, Gudapaka, Vidarika	Apply locally on affected part once or twice a day	NS	Both

(L) Vati & Gutika							
Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
198.	Abhayadi Modakam	SS	20 gm	Malabandha	2-4 modakam at bedtime with warm water atleast two hours after dinner.	NS	Both
199.	Bilvadi Gutika	AFI	5 gm.	Vishuchika, Ajeerna, Garadosha, Jwara	1-2 pills twice a day with water; also applied as Anjana, Nasya and Lepa by rubbing in Gulab jal or distilled water	NS	Both
200.	Chandraprabha Vati	AFI	5 gm.	Prameha, Mutrakricchra, Mutraghata, Ashmari, Striroga, Daurbalya, Pandu, Kamala	250 mg. twice a day with water or milk	NS	Both
201.	Chitrakadi Gutika	AFI	5 gm.	Agnimandya, Amadosha, Grahaniroga	250-500 mg. twice a day with warm water or takra	Pregnancy, Uterine bleeding, Paittik Prakriti, Raktpittaj Roga, long term use	Both
202.	Dhanvantar Gutika	AFI	5 gm.	Kasa, Shwasa, Hridroga, Yakshma, Hikka	250 -500 mg. twice a day with decoction of jiraka or warm water	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
203.	Dugdha Vati	AFI	10 gm.	Shotha, Udar Roga	62.5 mg. twice a day with water or honey	NS	IPD
204.	Eladi Gutika	AFI	10 gm.	Kasa, Shwasa, Chhardi, Bhrama, Swarabheda, Raktanishthivana	500 mg. -1 gm. twice or thrice a day with honey or warm water.	NS	Both
205.	Gopichandanadi Gutika	SY	5 gm.	Balajwara, Kasa, Shwasa	62.5 – 125 mg. twice or thrice a day with water or honey	NS	Both
206.	Gandhak Vati	AFI	10 gm.	Agnimandya, Ajeerna	500 mg.- 1 gm. twice a day with Lemon juice or warm water	NS	Both
207.	Kankayan Gutika	AFI	10 gm.	Gulma, Krimi, Arsha	500 mg- 1 gm. twice a day with ghee, milk, or Triphala Kwath or water	NS	Both
208.	Khadiradi Gutika (Mukhroga)	AFI	10 gm.	Mukhdaurgandhya, Mukhpaka, Dantaroga, Galaroga	2 pills to be sucked or swallowed with water or honey twice or thrice a day	NS	Both
209.	Kutajaghan Vati	AFI	5 gm.	Atisara, Grahani, Jwaratisara	250-500 mg. twice a day with takra or water	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/ IPD)
210.	Lavangadi Vati	AFI	5 gm.	Kasa, Shwasa	1-2 pills to be kept in mouth or chewed and swallowed with luke warm water twice or thrice a day	NS	Both
211.	Lahsunadi Vati	AFI	10 gm.	Visuchika, Ajirna, Atisara	500 mg. -1 gm. twice a day with warm water or Ark Ajwain or Ark Pudina	Hyperacidity, Peptic Ulcer, Paittik Prakriti Patients having history of Raktapittaj Vikara	Both
212.	Marma Gutika	AFI	5 gm.	Marmavikara, Aghata	2 gm with water	NS	Both
213.	Prabhakar Vati	AFI	5 gm.	Hridroga, Daurbalya	125-250 mg. twice a day with water, Arjuna Kwath or milk	NS	Both
214.	Rajahpravartini Vati	AFI	5 gm.	Rajahrodha, Kastartava	250 mg. twice a day after meals with warm water or Kulattha Kasaya	Pregnancy, lactation period, Dysfunctionbal Uterine Bleeding, Menometrorrhagia, kidney disease, discontin use the use in case of severe spasmodic abdominal pain	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
215.	Samshamani Vati / Guduchighan Vati	AFI	5 gm.	Jwara, Jeernajwara, Vishmajwara, Daha	250-500 mg. twice or thrice a day with Dhanyapanchak Kwath Tandulodak or water	NS	Both
216.	Sarpagandhaghan Vati	AFI	5 gm.	Anidra, Manodvega, Hypertension	250-500 mg. once or twice a day with milk or water	Concomitant use of medicines made of Vatsanabha or Gokshur, antihypertensives or depressants or psychotropic medicines postural hypotension, bradycardia	Both
217.	Sanjivani Vati	AFI	5 gm.	Mandagni, Ajirna, Gulma, Visuchika, Sarpadamsha	125 mg. twice a day with Adrak Swaras or warm water	Paittik Prakriti individuals, hypersensitivity to Bhallataka, patients having history of Raktapittaj Vikara, pregnancy, cardiac arrhythmia, long term use	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
218.	Vishamajwarantaka Gulika	BR	5 gm.	Vishamajawara	125—250 mg. twice a day with Tulasi Swaras or warm water	NS	Both
219.	Vishamushti Vati	SBMM	5 gm.	Nadi Shula	125-250 mg. twice a day with milk or ghee	Hypertension, Tachycardia, long term use	Both
220.	Vettumaran Gulika	SY	5 gm.	Jwara, Chhardi, Mootraghatam, Gulma	250-375 mg. twice or thrice a day with warm water	NS	Both

(M) Varti, Netrabindu, Anjana

221.	Chandrodaya Varti	AFI	5 gm.	Timira, Naktandhya Arbuda, Pothaki, Shukra, Adhimansa, Sikta Vartam	Rub and mix with honey or Gulab Jala and apply to inner side of eyelids twice daily	NS	Both
222.	Elanirkuzambu/Nalikeranjana	AFI	25 ml.	Netravrana, Arma, Timira, Pittaja Netraroga, Abhishyanda	1-2 drops to be instilled in eyes twice or thrice a day	NS	Both

(N) Sattva

223.	Guduchi Sattva	AFI	25 gm.	Jwara, Vatarakta, Kamala, Prameha	500 mg.- 1gm twice or thrice a day with water or honey	NS	Both
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(O) Kupipakva Rasayan

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
224.	Makaradhvaja	AFI	2 gm.	Hriddaurbalya, Snayu Daurbalya, Balabhransha	60-125mg. twice a day with Panpatra Swaras, honey or milk	Kidney disease, hypertension, pregnancy and lactation period	IPD
225.	Rasa Sindura	AFI	2 gm.	Kaphajroga, Balakshaya, Dhatukshay, Pranvah Srotodushti	125 mg. twice a day with Panpatra Swaras or honey	Kidney disease, periconceptual period, pregnancy, lactation period, long term use	Both

(P) Parpati

226.	Panchamrita Parpati	AFI	5 gm.	Grahani, Atisara, Agnimandya, Kshaya	125- 250 mg. twice a day with Trikatu Churna & Ghrita or Bhrista Jeerak and Takra or warm water, usually administered in increasing and decreasing dose pattern called as Parpati Kalp	Periconceptual period, pregnancy, lactation period, kidney disease, small children	Both
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Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
227.	Shveta Parpati/Kshara Parpati	AFI	10 gm.	Ashmari, Mutrakriccha, Mutraghata	500 mg- 1 gm. in two or three doses with Narikel Jala or Mishri Yukt Jala	NS	Both
(Q) Pishti Kalpana							
228.	Akika Pishti	AFI	5 gm.	Hriddaha, Hridroga, Kshaya, Shiroroga, Kasa,	125 -- 250 mg. twice a day with milk or water or Ark Gulab	NS	Both
229.	Mukta Pishti	AFI	2 gm.	Manodosha, Unmada, Hridroga	65-125 mg. twice or thrice a day with milk, water or Ark Gulab	NS	IPD
230.	Pravala Pishti	AFI	5 gm.	Kasa, Pittaroga, Manodaurbalya, Ojakshya, Hridroga	250 mg. twice a day with honey, butter or ghee or milk	NS	Both
231.	Trinakantamani Pishti	AFI	5 gm.	Raktatisara, Pittavikara, Raktapradar	250-500 mg. twice or thrice a day with rice water or Durva Swaras or water	NS	Both
(R) Bhasma							
232.	Abhraka Bhasma (Shatputi)	AFI	5 gm.	Kapharoga, Kasa, Shwasa, Raktapitta, Prameha Dhatukshaya, Rasayana,	125-250 mg. twice a day with honey or ghee or Triphala Kwatha or Guduchi Svarasa or Ardraka Svarasa.	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
233.	Godanti Bhasma	AFI	10 gm.	Shirah Shula, Pitta Jvara, Jirnajvara, Daha	500 mg.- 1 gm twice or thrice a day with ghee, sugar, warm milk or water.	NS	Both
234.	Hajarulyahuda Bhasma	AFI	10 gm.	Ashmari, Mutrakrichha	500 mg-1gm. in divided doses with Trinapanchamool or Pashanbhedadi Kwath or water	NS	Both
235.	Jaharamohara Bhasma	AFI	5 gm.	Hridroga, Raktapitta, Arsha, Raktaj Pravahika	250- 500 mg. twice a day with Dadim Swaras, Takra or water	NS	Both
236.	Kapardika Bhasma	AFI	5 gm.	Parinamashula, Agnimandya, Karnasrava	250 mg. twice a day with Vasa Svarasa or Nimbu Svarasa or Udumbara Rasa.	Not to be used on change of physical characteristics	Both
237.	Kasisa Bhasma	AFI	5 gm.	Pandu, Pliharoga	250 mg. twice a day after meals with Bakuchi churna or Tiphala Kwath or Madhu	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
238.	Mandur Bhasma	AFI	5 gm.	Kamala, Pandu	250-500 mg. twice a day with Triphala Kwath or Punarnavastak Kwath or Punarnava Swarasa or water before meals.	NS	Both
239.	Muktashukti Bhasma	AFI	5 gm.	Udarashula, Jwara, Pitta Jwara, Raktajroga	250-500 mg. twice a day with lemon juice or water with or after meals	NS	Both
240.	Shankha Bhasma	AFI	5 gm.	Agnimandya, Amlapitta, Vidagdhajirna, Parinamashula,	250 mg. twice a day with Nimbu Svarasa or Triphala Kvatha or milk	NS	Both
241.	Sphatika Bhasma	AFI	5 gm.	Jwara, Kaphaj Vrana, Shvitra, Visarpa,, Raktasrav, Yonibhransh	125-250 mg. twice or thrice daily with honey or warm water	NS	Both
242.	Tankana Bhasma/ Saubhagya Bhasma	AFI	5 mg.	Kasa, Shwasa	125 to 250 mg	NS	Both
243.	Svarnamaksika Bhasma	AFI	5 gm.	Pandu, Jirnajwara, Rajayakshma, Dhatukshaya	125- 250 mg. twice a day with honey or milk	NS	Both

(S) Mandura

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
244.	Punarnavadi Mandura	AFI	5 gm.	Pandu, Shotha, Pliharoga	250-500 mg twice a day after meals with takra or Amla Ras or water.	NS	Both

(T) Rasayoga

245.	Agnitundi Vati	AFI	5 gm.	Agnimandya, Amajwara, Amaja Shool	125-250 mg twice a day before meals with lime juice or warm water	Long term use, peri-concepti onal period, pregnancy, lactation period, old and paediatric age group, Karshaya, kidney disease	Both
246.	Anandabhairav Rasa	AFI	5 gm.	Sheet Jwara, Jwaratisara	125-250 mg twice a day with Adrak Swarasa or Honey or warm water.	Kidney disease, peri-concepti onal period, pregnancy, long term use.	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
247.	Arogyavardhini Vati/Rasa	AFI	5 gm.	Kushta, Medoroga, Jwara	250-500 mg. twice a day after meals with honey or warm water or Adrak Swaras	Old age, paediatric age group, periconceptional period, pregnancy, lactation period, kidney disease, karshaya	Both
248.	Arsho Kuthara Rasa	BR	5 gm.	Arsha,	250 mg. once or twice a day with Takra or warm water.	NS	Both
249.	Balarka Rasa	AFI	2 gm.	Vataslesmatisara, Krimi, Kasa, Jwara	125 mg twice a day with Adrak Swaras or Honey	NS	Both
250.	Brahmi Vati	AFI	5 gm.	Bhrama, Manoroga, Aptantrak, Akshepa, Hriddaurbalya	125-250 mg. twice a day with Tagaradi Kwath or Mansyadi Kwath or Dashamula Kwath or Draksadi Churna	NS	Both
251.	Chandramrita Rasa	AFI	5 gm.	Kasa, Shwasa, Jwara, Raktakasa	250 mg. twice a day with with honey or Tambula Swaras or Vasa Swaras or Adrak Rasa	NS	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
252.	Ekangaveer Rasa	BR	2 gm.	Pakshaghata	125-250 mg. twice a day with water after meals	Hypertension	Both
253.	Gandhak Rasayana	YR	5 gm.	Kushta, Raktadushti, Prameha,	250-500 mg. twice a day with milk or water	Hypersensitivity, loose motions	Both
254.	Hridayarnava Rasa	BR	2 gm.	Hridroga,	125 mg. twice a day with Arjuna Kashaya or Ksheerpak	NS	Both
255.	Kamadudha Rasa	RYS	5 gm.	Amlapitta, Raktapitta, Daha, Jirnajwara, Pradara	125-250 mg, twice or thrice a day with Amalaki Churna or Sharkara or milk	NS	Both
256.	Kaphaketu Rasa	AFI	5 gm.	Pinasa, Kasa, Shwasa, Urdhvajatrugata Roga	125 mg. twice a day with Ardraka Svarasa or warm water	Long term use, kidney disease, bradycardia, arrhythmia, hypotension, pregnancy, lactation period.	IPD

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
257.	Karpura Rasa	AFI	2 gm.	Atisara, Grahani, Jvaratisara, Raktasisara.	125 mg, once or twice a day with warm water or honey	To be used strictly under medical supervision, long term administration, pregnancy	IPD
258.	Krimikuthar Rasa	AFI	5 gm.	Krimiroga	125-375 mg. with warm water or madhu	Long term use, kidney disease, periconceptional period, pregnancy and pediatric age group.	Both
259.	Kumarkalyan Rasa	AFI	2 gm.	Balaroga, Phakka Roga, Parigarbhika, Pandu, Stanyadvish, Karshya	62.5-125 mg. with milk, honey or Arvindasav	NS	Both
260.	Laghmalini Vasanta Rasa	AFI	5 gm.	Kshaya, Yakshma, Pradara, Netraroga, Arsha, Jirnajwara,	125- 250 mg twice a day with milk or honey	Kidney disease, long term use	Both
261.	Laghu Sutashekhara Rasa	AFI	5 gm.	Pittaja Sirahshula, Ardhabhedak, Suryavarta, Daha, Urdhwagraktapitta	250-500mg twice a day with Sitayukta dugdha	Long term use, pregnancy, lactation period, paediatric age group	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
262.	Navajivana Rasa	RTS	2 gm.	Hridya , Balya, Shulahara,	62.5-125 mg. twice a day with milk or Nagarvelpatra Swarasa	Long term use, hypertension, pregnancy	Both
263.	Nityanand Rasa	AFI	5 gm.	Shlipada, Arbuda	250-500 mg. in divided doses with plane water	NS	Both
264.	Rasamanikya	BP	5 gm.	Kushtha, Vicharchika, Visphota, Mandala, Visarpa, Vrana, Vatarakta.	125-250 mg. in divided doses with	Paediatric age group, periconcepti onal period, pregnancy, lactating mothers, kidney disease, debilitated patients.	IPD
265.	Shankha Vati	AFI	5 gm.	Grahani, Atisara, Amajirna, Visuchika, Shula	250-500 mg in divided doses with takra or water	Kidney disease, bradycardia, arrhythmia, hypotension, long term use, peri-concepti onal period, pregnancy, lactating mothers and debilitated patients.	Both

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
266.	Shirahshuladi vajra Rasa	AFI	5 gm.	Shirahshula, Shiroroga	250-500 mg. in single or divided dose with honey, warm water or goat milk. With Chaga Dugdha / Madhu / Jala	Kidney disease, long term use, peri-conceptual period, pregnancy, lactating mothers, debilitated patients	Both
267.	Shringarabhra Rasa	AFI	5 gm.	Jwara, Rajayakshma, Kshaya, Kasa, Shwasa, Peenas	125-250 mg, twice a day with Adrak Swaras or Tambula Swaras or Honey	Proper hydration and nutrition of the body is required.	Both
268.	Shuddha Gairika / Gairik Bhasma	API	5 gm	Raktapitta, Vishavikara, Raktapradara, Kandu, Daha	250 -500 mg., twice or thrice a day with milk	NS	Both
269.	Shwasakuthara Rasa	AFI	5 gm.	Kasa, Shwasa, Vatakaphaja Roga	125-250 mg. with honey or warm water twice a day after meals.	Kidney disease, bradycardia, arrhythmia, hypotension, long term administration, periconceptual period, pregnancy, lactating mothers, debilitated patients.	IPD

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
270.	Smritisagar Rasa	AFI	5 gm.	Apasmar, Smriti Daurbalya	125-250 mg. with ghee and warm milk, once or twice a day	NS	Both
271.	Tribhuvankirti Rasa	AFI	5 gm.	Jwara, Pratishyaya, Kasa	125-250 mg, twice a day with honey or Adrak Rasa or Tulsi Rasa or warm water.	Bradycardia, arrhythmias, small children, Vrikka Roga, long term administration, periconceptional period, pregnancy, debilitated patients	Both
272.	Vatagajankusha Rasa	BR	5 gm.	Vata Roga, Avabahuka, Urustambha, Pakshaghata, Gridhrasi	250 mg , once or twice daily with anupana like Pipali Churna, Manjishtha Kwatha or Haritaki Kwatha	Long term use, Vrikka Roga, periconceptional period, pregnancy, lactation and debilitated patients	IPD

Sr. No.	Name of Medicine	Reference Text	Dispensing Pack Size	Main Indications	Dose and Mode of Administration	Precaution/Contraindication	Preferred use (OPD/IPD)
273.	Vatavidhavansan Rasa	AFI	5 gm.	Vatajashula, Sutika Vata, Grahaniroga	250 mg with honey or warm water, once or twice a day	NS	IPD
(U) Lauha							
274.	Navayasa Lauha	AFI	5 gm.	Pandu, Kamla Hridroga	250 mg twice a day with honey or warm water after meals	NS	Both
275.	Pradarantaka Lauha	AFI	5 gm.	Pradara, Pandu	250 mg. twice a day with honey or ghee or warm milk	NS	Both
276.	Saptamrita Lauha	AFI	5 gm.	Timir, Drishtimandya	250 mg. twice a day with honey, ghee and milk	NS	Both
277.	Sarvajvarahara Lauha	AFI	5 gm.	Jirnajvara, Sarvajvara Pliharoga, Yakrit Roga,	250 mg. twice a day with honey or Guduchi Svarasa	Pregnancy, periconceptional period, lactating mothers, Vrikkaroga, Debility	IPD

List of participating experts

Discussion Meeting with invited experts for consolidation of ASU&H EDLs on 28th February 2012

1.	Dr. Sheela Karalam. B, Special Officer (R&D) Oushadha Kuttanellur, Trissur, Kerala.
2.	Sh. R.R.Shukla IFS, Managing Director, Oushadhi, Trissur, Kerala.
3.	Vd .Mangala Jadhav, Directorate of Ayurveda, Maharashtra.
4.	Dr. Anitha Jacob, Director (Indian Systems of Medicine), Kerala.
5.	Dr. Jamuna.K, Director Homoeopathy, Kerala.
6.	Dr. P.V. Santhosh, Managing Director, Kerala State Homoeopathy Cooperative Pharmacy, Alappuzha, Kerala.
7.	Dr. Mohd. Waseem Khan, In-charge Govt. Unani Pharmacy, Bhopal, Madhya Pradesh.
8.	Dr. Pradeep Chaturvedi, Superintendent , State Ayurvedic Pharmacy, Gwalior, M.P.
9.	Dr. Ramesh P. R, Chief Physician and Medical Superintendent, Arya Vaidyasala Ayurveda Hospital & Research Centre, Karkardooma, Delhi.
10.	Dr.S.Deepa, SMO (Ay.) CGHS Wellness Centre, Jangura Extension, New Delhi.
11.	Dr. K.G. Radhakrishana, Secretary In-charge, IMPCOPS, Chennai, Tamilnadu.
12.	Dr.C.Lallunghnema, Dy. Director, Department of Health & Family Welfare, Mizoram.
13.	Dr. Mridula Dua, Research Officer (Scientist-IV), CCRAS.
14.	Prof.(Dr.) Bichitrnanda Mishra, Head, Department of RasShastra & Bhaisajya Kalpana and Superintendent, Government Ayurvedic Pharmacy Bolangir, Odisha.
15.	Dr. Narender Singh Bisht, Manager Production, IMPCL, Mohan, Uttrakhand.
16.	Shri Prakesh Bhatt, F&D Executive, IMPCL Mohan, Uttrakhand.
17.	Dr. Jagbir Sharma, Asstt. Director (Ay.), Directorate of Ayurveda, Himachal Pradesh.
18.	Dr. S.S.Suman, Medical Officer (Homeopathy), Punjab Govt.
19.	Dr. Ramesh Sharda, Joint Director- Homoeopathy, Punjab.
20.	Dr. Shardindu Sharma, Supdt. Punjab Govt. Ayurvedic Pharmacy and Stores, Patiala.
21.	Shri Om Prakash, Office Superintendent, Govt. Ay. Pharmacy & Stores, Patiala, Punjab.
22.	Dr. A. Guneshwor Sharma, State AYUSH Officer, Medical Directorate, Manipur.
23.	Dr. H.Y. Rathod, Drug Inspector, Department of AYUSH, Govt. of Karnataka.
24.	Dr. M. A. Dasar, Deputy Director, Central Pharmacy, Bangalore, Govt. of Karnataka.
25.	Shri Chandra Mohan Arora, Senior Manager I/C, State Cooperative Drug Factory, Ranikhet, Uttarakhand.

26. Dr. Anand T. Gudivada, CMO I/C ,CGHS Ayurvedic Medical Store Depot, New Delhi.
27. Dr. A.M Abdul Kadher, Joint Director (Indian Medicine & Homeopathy), Govt. of Tamilnadu.
28. Dr. Sangeeta Nehra, AYUSH Department, Haryana.
29. Dr. Janardan Panday, Ex. Joint Advisor (Ayurveda), Department of AYUSH.
30. Dr. Niles Ahuja Assistant Director (ISM), Govt of NCT, Delhi.
31. Dr. Y.D. Sharma, Deputy Director (ISM), Govt. of NCT, Delhi.
32. Dr. K.V.Prakashan SMO I/C, CGHS Homeopathic Medical Store Depot, New Delhi.
33. Dr. P.K. Shukla, PCCF & M.D., M.P State Minor Forest Produce Federation, Bhopal.
34. Shri R. R.Okhandian, CCF & CEO Minor Forest Produce Processing Centre, Vindhya Herbals, Barkheda Pathan, Bhopal, Madhya Pradesh.
35. Dr. S.V. Tripathi, Chief and Head of Ayurvedic Research Institution, Mool Chand Hospital, Lajpat Nagar, New Delhi.
36. Dr. Renu Batra, Chief Medical Officer (NFSG) In-charge, NDMC Central Ayurvedic Medical Stores, New Delhi.
37. Officers of Department of AYUSH: Dr. D. C. Katoch, Dr. S.A. Pasha, Dr. G.C. Gaur, Dr. Anupam, Dr. Gaurav Sharma, Dr. Hanumant Kathait, Dr. Senthilvel.



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